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BELICHICK APOLOGIZES ... KINDA, SORTA {page 17}

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First woman to take the helm of the MBTA

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- Beverly Scott optimistic about leading Hub's debt-laden transit agency {page 04}

travel

Giving Napa the Finger?

- The Finger Lakes region is the new place to get wined up
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the word

The Mayer of Ladykillerville

- Katy Perry's friends warn her that John Mayer will love her and leave her {page 10}

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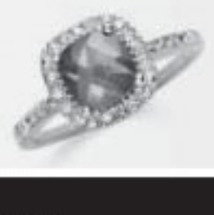

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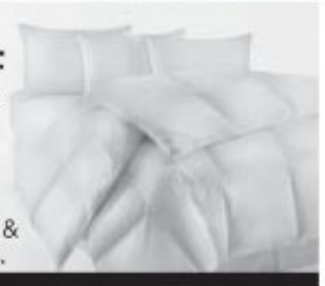

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Meet 'Bev,' the new leader of the MBTA

Beverly Scott was named the T's new general manager yesterday ◗ The first woman ever to have the job ◗ Formerly led Atlanta's public transit

Step aside, Mr. Davis, and kindly make way for Beverly Scott, who as of Dec. 15 will take over as the new general manager of the MBTA.

The MassDOT Board of Directors unanimously selected Scott for the job yesterday after hours of grilling her on why she would make a good T boss.

Ultimately, it was Scott's "expertise in transit management" that sealed the deal.

Scott, who is the first woman and second African-American to hold the general manager post, seemed optimistic about signing on to lead the debt-laden transit agency.

After officially being named to the post, a smiling Scott said Boston was "a wonderful, wonderful region."

"There is still a lot that remains to be done, and I think that I'll be able to do some good here," she said.

Scott's prior experience in public-transportation leadership spans more than 30 years. It includes CEO and general manager of Metropolitan Atlanta Rapid Transit Authority as well as the Sacramento Regional Transit District, and general manager of the Rhode Island Public Transit Authority in Providence. She has also worked in New York, New Jersey, Washington, D.C., Houston and Dallas.

NICOLAUS CZARNECKI/METRO

▶ Beverly Scott responds to questions from the MassDOT Board during her interview yesterday.

Who is MARTA?

Scott has been CEO and general manager for the Metropolitan Atlanta Rapid Transit Authority since 2007. Here's how it stacks up:

- MARTA includes 600 buses, 175 paratransit vans, 318 rail cars and 47 miles of track. It is the ninth largest public transit system in the country.
- The one-way flat-rate fare for MARTA costs $2.50 — sound familiar?

"I'm a bit of a transit junkie. I've done bridges and tunnels at Triboro, so I kind of know my way around. I'm looking forward to it," she said.

In the coming months, T riders can expect to see Scott "getting her feet wet" in the transit system.

"The first couple of weeks I can say I'd be doing a lot of walking around, a lot of riding," she said when asked during her interview how she would kick off the job. "I have a lot of ideas, but they're just ideas. I'd want to listen, learn, talk and touch as many people as I possibly could."

MORGAN ROUSSEAU
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Great Scott!

As the MBTA general manager, Scott will get a three-year contract and an annual salary of $220,000. She is slated to start on Dec. 15.

Scott beat out 105 applicants for job, 22 of whom were reviewed by a screening committee.

She will be the first female and second African-American to have the job.

Jonathan Davis, who has served as the acting general manager since Rich Davey became the transportation secretary, will return to his position as chief financial officer upon Scott's arrival.

Quoted

"Her vast expertise in transit management is the right fit at a critical time as we manage our transportation challenges in the Commonwealth."

RICHARD DAVEY, MASSDOT SECRETARY

In the news

$210K

More than $210,000 was awarded to 11 Boston neighborhood nonprofits from a community development fund, Mayor Thomas Menino's office announced yesterday. The funds, which come from development at the Prudential Center complex, will help projects including the restoration of the Copley Square fountain, restoration of community gardens, as well as paying for meals for homeless women. METRO

Today's local tweet

"Feeling smarter after spending the morning in the Harvard Yard & eating in Harvard Square."

@SARAHBETHJAQUA, WHO WAS FEELING INFLUENCED BY HER IVY LEAGUE DAY

News in brief

Amy Bishop gets life in prison

MASSACHUSETTS. Amy Bishop, a Harvard-educated professor, was sentenced to life in prison yesterday for killing three colleagues and wounding three others during a rampage at the University of Alabama in Huntsville, according to The Huntsville Times.

Bishop pleaded guilty earlier this month.

▶ Bishop

She is also accused of fatally shooting her brother in her family's Braintree home in 1986. METRO

Pair of BU students robbed at gunpoint

BROOKLINE. Two Boston University students were robbed at gunpoint around 2:30 a.m. Sunday as they walked along Thorndike Street in Brookline.

BU and Brookline police are searching for the robbers who were armed with guns when they took the cell phones, wallets and cash of the students, according to BU Today. The students were not injured.

Police described the suspects as black men between the ages of 19 and 24. One was about 5 feet 8 inches tall with a medium build. The other man was about 5 feet 10 inches tall with a medium to heavy build.

BU authorities urged students living on or off campus to avoid poorly lit areas at night, get a ride instead of walking or walk in big groups and be aware of the surroundings. METRO

Pooch poisoner goes before judge

BOSTON. A landscaper accused of trying to poison dogs by spreading antifreeze-laced hot dogs on a Charlestown lawn was ordered held on bail yesterday.

Kenneth Hyland, 53, of Everett, pleaded not guilty to poisoning animals, according to the Suffolk district attorney's office. Because Hyland had two unrelated cases already open, a judge ordered his bail revoked and that he be held.

The other cases are from Lynn and Woburn and charge Hyland with assault with a dangerous weapon and leaving the scene of an accident.

Hyland was cutting a lawn when a neighbor spotted him spreading the poison food from a bucket earlier this month. The neighbor confronted him, picked up the hot dog pieces and gave them to police. METRO

Thinking outside the mailbox at BU

Boston University students' loose change is a special delivery for charities ◗ Project Mailbox creators hope to expand to other Hub campuses ◗ Thousands raised

NICOLAUS CZARNECKI/METRO

▶ The donation mailbox sits on Commonwealth Avenue.

Since last year, Project Mailbox has collected pocket change from Boston University students in an effort to make a big difference in Boston, throughout the U.S. and in the world.

And it appears the nonprofit is slowly making its mark after receiving a "Classy Award" for Most Influential College Organization on the East Coast in San Diego this past weekend.

The organization started in October 2011 when University alums Kaylee Dombrowski and Nick Dougherty put a plan into action that spawned from the simple idea that a little change can really add up.

The hope was that if each of the 16,000 undergraduate students at Boston University put a quarter a month into the group's red and white mailbox, more than $4,000 could be raised for charity.

While Project Mailbox is not quite there yet, it has managed to send hundreds of dollars each month to seven different charities.

"Most of the time it's just change," Dougherty said, adding that every now and then they'll open their cast-iron mailbox to find actual paper money or even checks. "But most of the time it's hundreds and hundreds of pennies. But I don't care about that. I'm just really excited that maybe 250 people put 250 coins in the box. That, for me, is the special part — that they're really going out of their way to put change in the box."

At the monthly meetings, members of the Boston University community come together to listen to the nominations and vote for the next charity of the month.

Each month, nominations are submitted to select that charity, which alternates between local and international causes. Dombrowski explains this factor is important to "ensure equal opportunity for the chapter to serve its immediate and global community."

Since its launch, Project Mailbox has raised more than $2,700 in pocket change, which averages at around $225 each month.

"I think it's been pretty successful given how new we are," Dombrowski said. "We are coming up on just one year."

Organizers soon hope to launch other chapters in Boston-area campuses, which means more mailboxes could be cropping up shortly.

MORGAN ROUSSEAU
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Project Mailbox by the minute

- Co-founders Kaylee Dombrowski and Nick Dougherty launched the project on Oct. 1, 2011. The first month was one of their best financially, raking in more than $600 thanks to a random $500 check. Dougherty called that an "aberration" that hasn't happened since.
- The proceeds from the first month went to Project Habitat to provide relief to those affected by an unusual tornado in Brimfield, Mass. in June 2011.
- Dombrowski and Dougherty picked up the mailbox at the Brimfield Fair for $350. The 400-pound red cast-iron mailbox resides in front of University Grill on Commonwealth Avenue.

News in brief

Menino to veto new redistricting plan

BOSTON. Mayor Thomas Menino said he will again veto the City Council's latest try at a redistricting map because it concentrated too many minority citizens in too few districts. That reason was the same for Menino's veto of the first map passed by the council last month.

The council will take up the issue again during a committee hearing set for Friday. METRO/BOSTON.COM

Common named popular park

BOSTON. The Boston Common was ranked among "America's Most Popular City Parks" in a recent survey by Travel+Leisure and Foursquare. The Common ranked as the eighth most popular park in the country, according to the rankings based on the number of people who checked in at a park on Foursquare. The top six parks were all located in New York City. METRO

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News in brief

Amtrak to test high-speed trains

MASSACHUSETTS. As part of Amtrak's effort to advance the federal high-speed rail program, test trains will pass through parts of Massachusetts traveling at 165 mph.

The company announced yesterday that starting last night and continuing into next week it will be testing the speed on various stretches of track in the Northeast, including Westerly, R.I. to South Attleboro and Readville. That region could eventually see regular 160-mph train service.

It will use Acela Express equipment to measure the train and track, rider quality and other factors. METRO

Jury indicts five in beating of disabled man on the T

A group of five people was indicted recently for severely beating a disabled man at the Downtown Crossing MBTA station last month.

The Suffolk County grand jury returned indictments against the group last week and charged each person with assault and battery with a dangerous weapon (shod foot) and assault and battery on a disabled person causing bodily injury.

Authorities said the group crossed paths with the disabled man who suffers from schizoaffective disorder while on an Orange Line platform at the downtown station just after midnight on Aug. 27.

The group and the 40-year-old man had an "innocuous" verbal exchange before they allegedly surrounded and beat him.

Two of the attack suspects — Ivan Bacai and Germail Johnson — struck the man with a belt and a traffic cone, and each faces an additional charge of assault and battery with a dangerous weapon, according to the Suffolk district attorney's office.

Investigators reviewed surveillance footage of the attack and were able to eventually track down the suspects, according to authorities.

The group is expected to be arraigned next month.

The five suspects in the beating

- **Karen Marie Akiba,** 22, of Somerville
- **Ivan Bacai,** 23, of Malden
- **Maryanne Hamilton,** 28, of Jamaica Plain
- **Germail Johnson,** 28, of Dorchester
- **Byron Lashus,** 32, of Watertown

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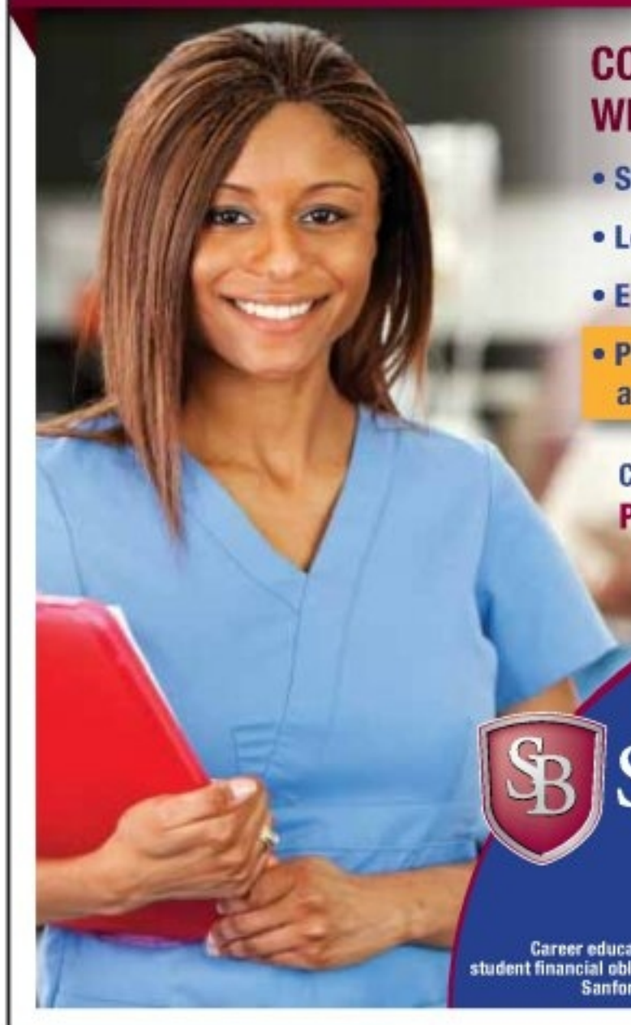

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▶ Today's winner: Brian Cummings, "My Night"

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Marines face charges over urination video

WASHINGTON. Two Marines are facing criminal charges for urinating on the bodies of dead Taliban fighters in Afghanistan, actions caught on a video that was widely circulated on the Internet.

The criminal charges are the first anyone has faced regarding the incident. The video triggered widespread anger in Afghanistan early this year, with President Hamid Karzai calling the Marines' actions "inhuman."

Staff Sgts. Joseph W. Chamblin and Edward W. Deptola were also charged with "posing for unofficial photographs with human casualties," the Marine Corps said. **REUTERS**

US tells UN: Free speech protects religious dignity

The United States told a U.N. human rights body yesterday that it considered freedom of religion inseparable from free expression, countering calls from many Islamic countries for a treaty outlawing blasphemy.

After two weeks of protests around the Muslim world, Ambassador Eileen Chamberlain Donahoe told the UN Human Rights Council that religious dignity is best protected where there is free speech.

Donahoe said that when the two freedoms are allowed to flourish, "we see religious harmony, economic prosperity, societal innovation and progress, and citizens who feel their dignity is respected." **REUTERS**

GETTY IMAGES

▶ Ambassador Eileen Chamberlain Donahoe

Quoted: Ambassador Eileen Chamberlain Donahoe

"When these freedoms are restricted, we see violence, poverty, stagnation and feelings of frustration and even humiliation."

"The inseparable freedoms of expression and religion are important not for abstract reasons."

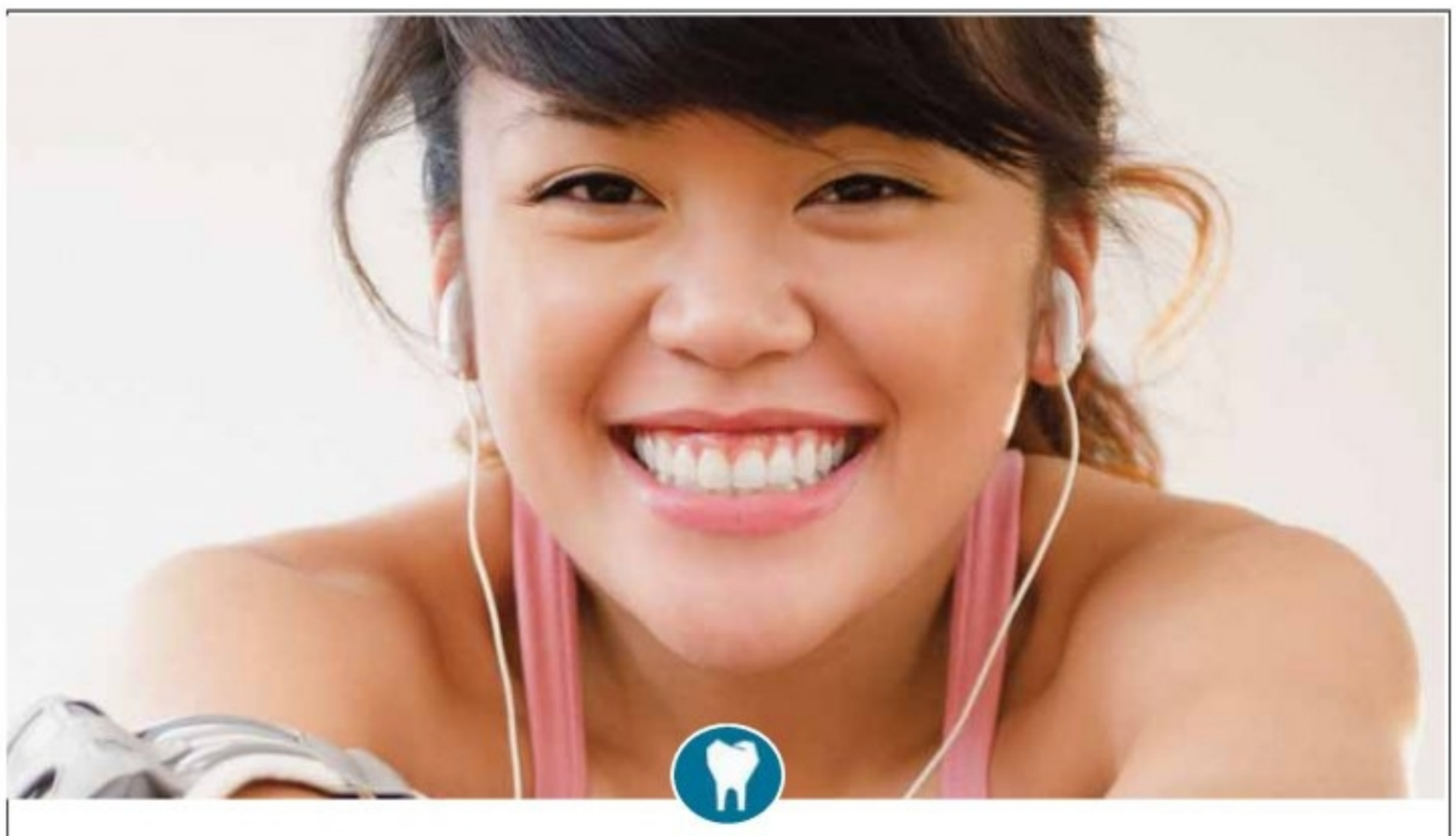
In the news

SAT reading, writing test scores drop to lowest levels

Average reading and writing SAT scores for high school students declined to their lowest levels while math results stalled.

For the class of 2012, the average critical reading score fell 1 point to 496 from a year earlier, the lowest since data became available in 1972, according to a report released by the New York-based College Board, which administers the test. The average score for writing dropped 1 point to 488, the lowest since writing was added to the exam in 2006. Math results were unchanged at 514. Scores can range from 200 to 800.

A record 1.66 million from the class of 2012 took the exam. **BLOOMBERG**



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For Romney, troubling signs among older voters

Even before his running mate was booed by a lobbying group for older Americans on Friday, Republican presidential nominee Mitt Romney was losing support among such voters, whose backing is crucial to his hopes of winning the Nov. 6 election.

New polling by Reuters /Ipsos indicates that during the past two weeks —since just after the Democratic National Convention — support for Romney among Americans age 60 and older has crumbled, from a 20-point lead over Democratic President Barack Obama to less than 4 points.

Romney's double-digit advantages among older voters on the issues of health care and Medicare — the nation's health insurance program for those over 65 and the disabled — also have evaporated, and Obama has begun to build an advantage in both areas.

JOE RAEDLE/GETTY IMAGES

▶ U.S. Rep. Paul Ryan, R-Wis., greets people during a campaign stop. Ryan's proposed plans for Medicare have many seniors worried about their entitlements.

4 Romney has a four-point lead over Obama with older voters. The Republican presidential candidate formerly had a 20-point lead over his rival.

41 Romney has 41 days before the Nov. 6 election to woo back older voters after alienating many over the course of the entitlement debate.

Voting preferences among seniors could change in the final six weeks of the campaign, but the polling suggests that a series of recent episodes favoring Obama and the Democrats could be chipping away at Romney's support among older Americans.

Romney's selection of Rep. Paul Ryan as his running mate put the federal budget and Medicare at center stage in the campaign. But the debate over spending and entitlement programs that Romney seemed to be seeking has not unfolded the way Republicans wanted.

At the Democratic convention in Charlotte, N.C., former President Bill Clinton gave a critique of Ryan's plan to revamp Medicare, warning that it could leave seniors unprotected from escalating healthcare costs. **REUTERS**

News in brief

Feds to fund another solar co.

A tiny solar company named SoloPower will flip the switch on production at a U.S. factory Thursday, a major step toward allowing it to tap a $197 million government loan guarantee awarded under the same controversial program that supported failed panel maker Solyndra.

SoloPower has initiated a strategy to differentiate it from struggling commodity players in the solar panel industry. Still, there are several similarities between SoloPower and Solyndra — which became a lightning rod in the U.S. presidential campaign this year after taking in more than $500 million in government loans and then filing for bankruptcy. **REUTERS**

10M Hispanics could be prevented from voting

New voting laws in 23 of the 50 states could keep more than 10 million Hispanic U.S. citizens from registering and voting, a new study said on Sunday, reflecting a number so large it could affect the outcome of the Nov. 6 election. The Latino community accounts for more than 10 percent of eligible voters nationally. But the share in some states is high enough that keeping Hispanic voters away from the polls could shift some hard-fought states from support for Democratic President Barack Obama and help his Republican rival, Mitt Romney. The new laws include purges of people suspected of not being citizens in 16 states that unfairly target Latinos, the civil rights group Advancement Project said in the study slated for formal release yesterday. **REUTERS**

Metropolitik

MICHAEL J. FROSCH
POLITICAL CORRESPONDENT FOR METRO

IN BLIND INVESTING WE TRUST?

Mitt Romney's 2011 tax returns, released last Friday, have revealed investments in a Chinese oil company and bank, as well as investments that profit from the decline of the U.S. dollar, along with the typical tax avoidance mechanisms in the Cayman Islands and Switzerland.

I don't have a problem with these investments. Mitt Romney has been a private citizen since 2006, and until he holds public office, he should be able to invest his money however he pleases. Nor do I think it's un-American of Romney to bet on the decline of the dollar — that can be an effective way to hedge against losses on investments that do rely on a strong dollar.

The problem is that, rather than take responsibility for those investments and explain why he made them, Romney has chosen to lie and pretend that he had nothing to do with them.

Romney insists that all of his investments are made by a "blind trust." Romney appoints a trustee and gives him total control over all investment decisions. Romney isn't allowed to influence those decisions, and can't even know what the trustee invests in. This is supposed to eliminate conflicts of interest, and it allows Romney to say he had nothing to do with those investments in China and those bets against the dollar – it was in a blind trust, for goodness' sake!

Quoted

The problem is that, rather than take responsibility for those investments and explain why he made them, Romney has chosen to lie and pretend he had nothing to do with them.

But Romney's trust is far from blind. Instead of appointing a truly independent trustee, Romney appointed his own family attorney. This arrangement falls outside the Office of Government Ethics' definition of a blind trust, and for good reason — Romney could simply tell his own attorney how to invest, knowing that those instructions were protected by attorney-client privilege. It should come as no surprise that Romney's blind trust invested $10 million in his son Tagg's private equity startup — surely Romney had no influence over that investment decision! Romney himself had sneered at the idea of a blind trust when campaigning against Ted Kennedy, calling it "an age-old ruse" and adding that "you can always tell the blind trust what it can and cannot do."

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 200-word submissions to letters@metro.us.

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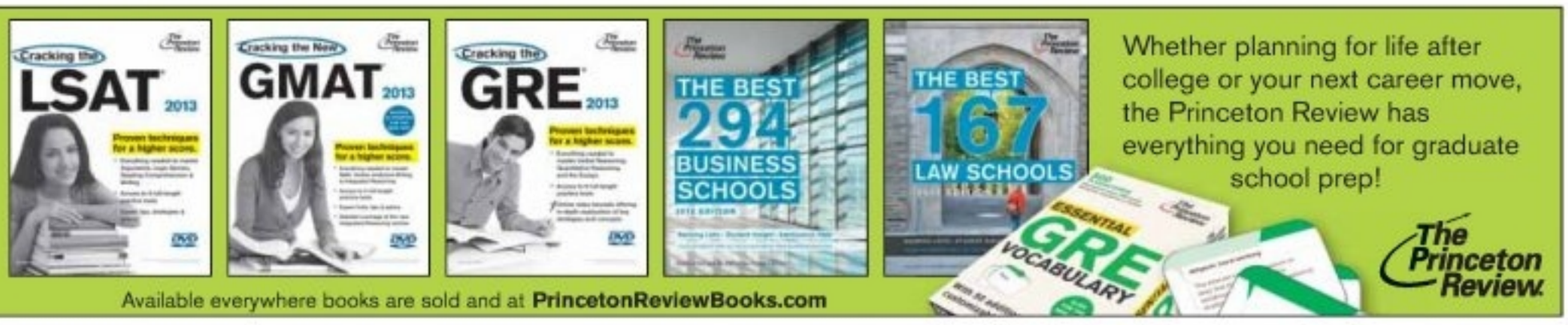
And the expert tools to get you there.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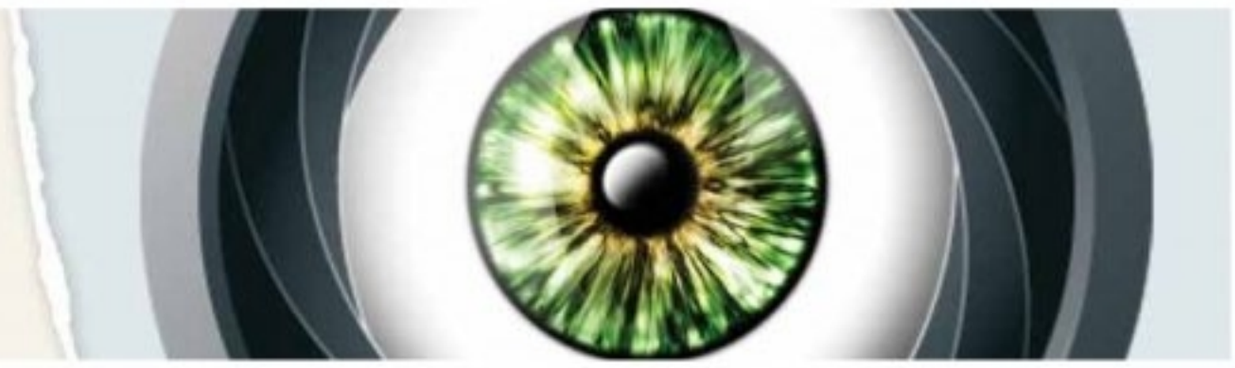


myentertainment

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Joel McHale has had enough of the heatwave, Sofia Vergara knows how to get down, Kelly Osbourne has a pretty hectic work schedule and Albert Brooks is bragging.

@joelmchale
Dear Sun, We get it. You're awesome and powerful. Please stop. Love, Los Angeles.

@SofiaVergara
I party Like a mermaid!

@MissKellyO
Although Im working 14 hour days while I am here I bloody love being home!

@AlbertBrooks
I just thought of the world's funniest tweet.

Vergara

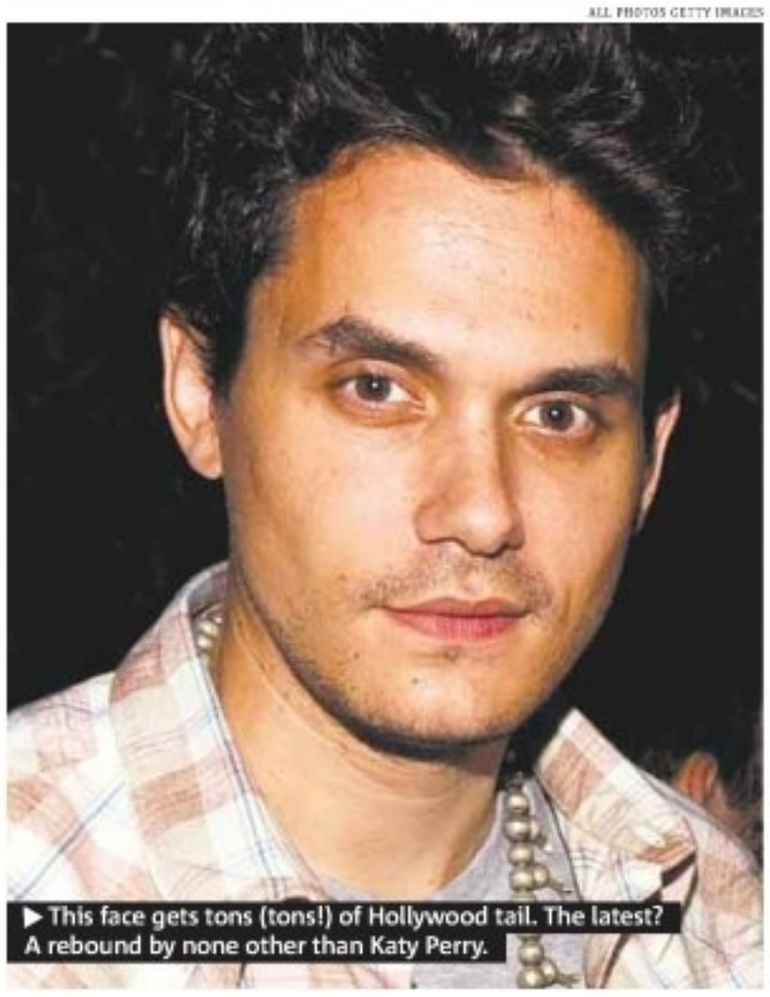
How does John Mayer do it?

John Mayer's little black book reads like a who's who of GQ magazine covers: There's **Jennifer Love Hewitt**, **Jessica Simpson**, **Jennifer Aniston**, **Minka Kelly**, **Taylor Swift** and, most recently, new divorcee **Katy Perry**.

But Perry's friends are worried about the singer due to Mayer's lady-killer reputation, according to Radar Online. Sources say her pals are urging her to end it with Mayer before she gets too attached. "Katy's friends and family haven't taken to John at all. In fact, they are worried that she is headed for heartbreak," a source says. "Despite the fiery image Katy likes to present, she's actually more fragile than that, and when John dumped her a few weeks after they first got together she was devastated. Now she ... has let her guard down, and there's only one way this can end — in disaster."

Disaster — or an eventual song about Mayer and his heartbreaking ways. Or, depending on how you feel about Katy Perry's singing, it could be both.

ALL PHOTOS GETTY IMAGES



▶ This face gets tons (tons!) of Hollywood tail. The latest? A rebound by none other than Katy Perry.

Kanye West proves his stamina

It looks like there could be some truth to the rumors of a **Kanye West** sex tape — or two tapes, even — now that lawyers for the rapper have sent out a cease-and-desist letter to multiple media outlets demanding they take down posts featuring a screen shot allegedly taken from the video, according to AllHipHop.com. "Be advised that the screen shot, as well as the tape from which the screen shot was taken, were illegally obtained," West's attorney writes in the letter. "Both tapes are impressively long," sources tell the website. "The second is more than 40 [minutes]."

▶ Kim and Kanye

Forty minutes! What stamina! But here's my question: Do you think West made these sex tapes so he would have something in common with his new girlfriend, **Kim Kardashian**? Ah, the things we do for love.

Body. double

▶ Our favorite Gaga gingerbread

Lady Gaga has figured out the best way to make sure the media won't discuss her weight: Wear a body-hiding outfit. Here is the star leaving the Park Hyatt Paris hotel on Saturday looking like something out of "Willy Wonka."

Talking points

Holmes is moving on (via telephone)

So what's one of the first things **Katie Holmes** did after splitting with husband **Tom Cruise**? Reconnect with old friends. Former "Dawson's Creek" co-star **Joshua Jackson** confirms that he recently heard from Holmes, he says in an interview on Canada's "George Stroumboulopoulos Tonight." Jackson, who was rumored to be linked romantically to Holmes years ago, says they had a "very nice" chat. "Like any old friend, it was like, 'Oh hi, how are you? What's going on?' 'I had a kid,'" he says. "It was very nice, actually."

Armstrong heads to rehab

Green Day frontman **Billie Joe Armstrong** stunned a Las Vegas audience over the weekend with a guitar-smashing outburst after being told to wrap up his band's set. Instead, he flew into a rage, smashed his guitar, yelled at the audience and stormed off the stage. Now, it turns out it wasn't just a simple tantrum, as Armstrong is headed to rehab. "Armstrong is seeking treatment for substance abuse," the band's rep said in a statement Sunday. "Green Day would like everyone to know that their set was not cut short by Clear Channel and to apologize to those they offended."

Cooper and Saldana: Cuddle alert

Bradley Cooper and **Zoe Saldana** are fueling suspicion once again that they're more than just friends. The pair looked quite cozy after taking in a movie together in Los Angeles over the weekend, according to People magazine. Cooper and Saldana first sparked romance rumors while filming the recent movie "The Words."

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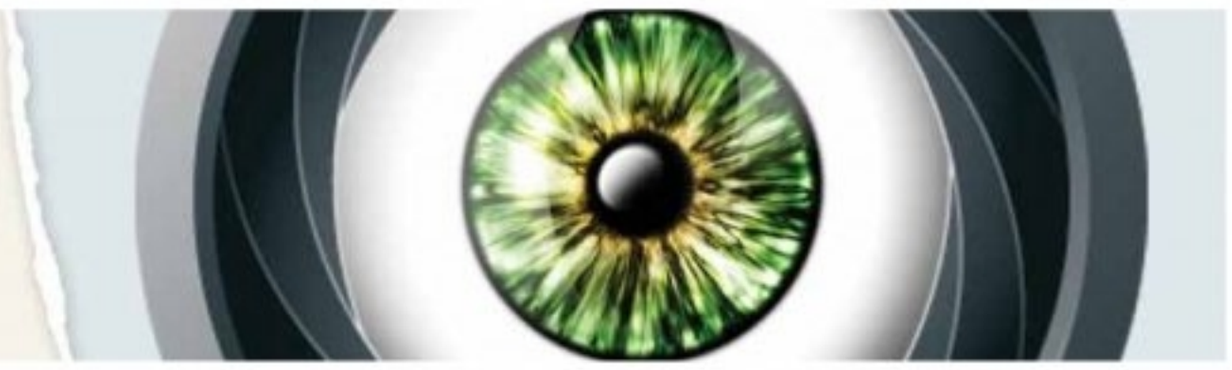

Our favorite celebrity Emmy couples

1. They aren't a couple in the romantic sense, but you can't blame us for wishing for it were true: **Louis C.K.** and **Amy Poehler** presented the award together for Outstanding Supporting Actor in a Comedy Series at Sunday night's Emmys.

2. Bart Freundlich and wife, Emmy winner **Julianne Moore,** partied at HBO's famed annual Emmy Awards after-party.

3. Judd Apatow and wife **Leslie Mann** also popped up at the HBO party.

4. Ashlee Simpson and new beau **Vincent Piazza** also attended HBO's party.

5. Wherever **Christina Hendricks** goes, her giant, exposed cha-chas are sure to follow. Here is the happy couple at the Emmy Awards Governors Ball.

1: LESTER COHEN/WIREIMAGE
2,3,5 MICHAEL BUCKNER/GETTY IMAGES
4: KEVIN WINTER/GETTY IMAGES

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See ya later, fellas

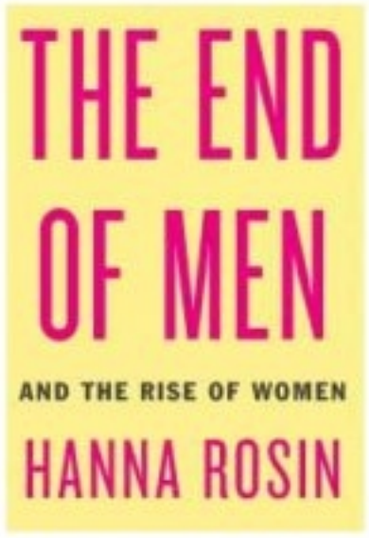
In her provocative new book, 'The End of Men,' journalist Hanna Rosin assesses the rise of women and the decline of men post-recession

Men are on notice.

In journalist Hanna Rosin's new book, "The End of Men: And the Rise of Women," she crisply details how recent gender dynamics in the U.S. have almost been switched — most likely unwittingly. The book was built on new, frightening economic statistics as well as Rosen's interviews, from college students intent on only "hooking up" to spouses boasting decades of marriage, and details how male-female chemistry has changed irrevocably since the recession.

"I was surprised at how radically marriage patterns had changed and how clearly they changed," Rosin said of her research.

"The End of Men" shows how the paychecks of many men will never recover. The jobs men lost during the recession are not rebounding — many are in shuttered factories, leaving men with decades of obsolete experience unable to provide. Meanwhile, as women inch up the ladder, fighting for careers, many emerge as the often-unintended heads of their households.



The reach of this new spousal structure — "seesaw marriages" for the give-and-take of interchanging jobs — is not limited to marriage. Even on campus, women are adamant they will not settle, either for a man lacking the credentials they want or a partner at the wrong time. Getting into a serious relationship is the new accidental pregnancy.

Rosin said this came to mind when her daughter read "Pride and Prejudice." "If Lizzy Bennet were alive today, the real threat to her would be a very serious suitor who would derail her from writing. That's a dangerous thing — the way getting pregnant used to be."

ALISON BOWEN
alison.bowen@metro.us

If you go

SIXA SUBIK

▶ Hanna Rosin

Rosin is speaking at the following times:

- **Oct. 11 at 7 p.m.:** Brookline Booksmith, 279 Harvard St.
- **Oct. 27 at 11:15 a.m.:** Boston Book Festival, 2 Canal Park

TV watch list

JENNIFER CLASEN/FOX

▶ Dakota Johnson and Nat Faxon star as total opposite siblings on "Ben and Kate."

'Ben and Kate'

COMEDY. A single mom (Dakota Johnson) who's unlucky in love and her aimless brother (Nat Faxon), who gets by on his charm, raise the former's 5-year-old, with the help of the requisite goofy sitcom sidekicks rounding out the unconventional parenting party. **Series premiere, 8:30 p.m., Fox**

'Vegas'

DRAMA. Dennis Quaid is all business as grizzled rancher-turned-sheriff Ralph Lamb — based on a real guy — who plans to bring law and order back to the desert once the mafia moves into 1960s Las Vegas to run the casinos. Michael Chiklis stars as his mobster nemesis. **Series premiere, 10 p.m., CBS**

'Brickleberry'

COMEDY. Daniel Tosh's unfiltered humored is translated into this animated series (the comedian serves as executive producer), which follows fumbling rangers attempting to bring tourism to Brickleberry National Park. How the jokes about AIDS and the Ku Klux Klan will help is anyone's guess. **Series premiere, 10:30 p.m., Comedy Central**

'Go On'

COMEDY. The NHL lockout be damned, hockey is back on TV — well, sort of. Former star Jeremy Roenick asks Ryan (Matthew Perry) to lace up his skates and join him on the ice. Sure, it may be a pity invite on the pro's part, but for hockey-starved viewers, we'll take it. **9 p.m., NBC** ● AMBER RAY

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12:00 p.m.
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Sunday, September 30
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Berklee Performance Center
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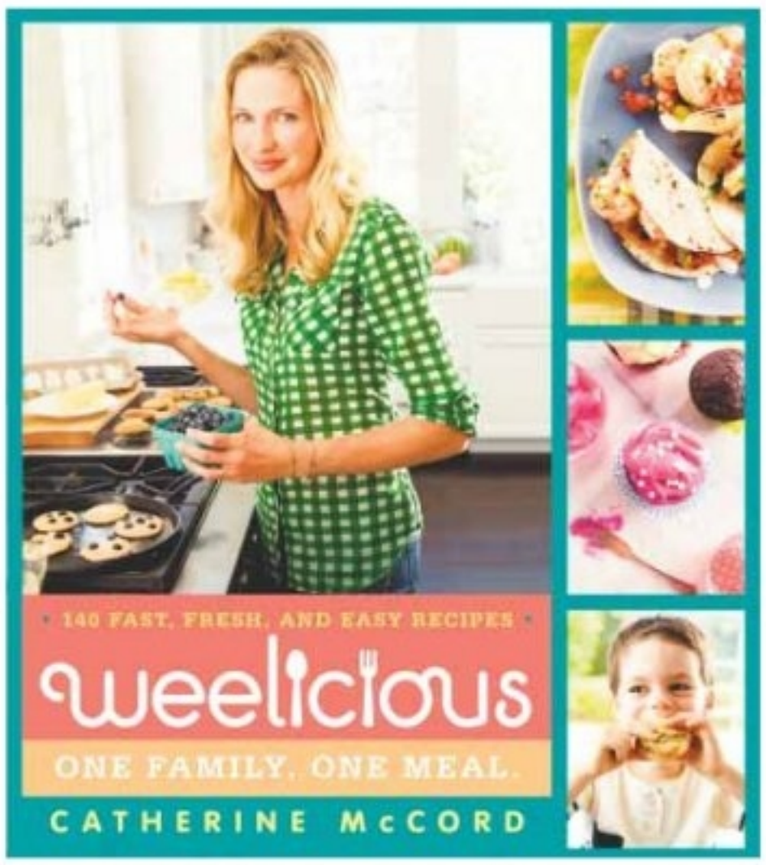
Get your kids into healthy eating habits



Getting your children to eat the food you make them is difficult — making them be enthusiastic about healthy eating is even harder. Catherine McCord, author of the popular blog Weelicious.com and now the new cookbook "Weelicious: 140 Fast, Fresh, and Easy Recipes," feels your pain. The good news is there's a solution: McCord says that if you give your children a choice, make food fun and involve them in the process, they'll be eating well in no time.

1 Change the presentation, change their attitude

One of the biggest challenges any parent has to face is getting their children to not only eat healthy food, but to embrace a nutritious diet. The key is to make all food, whether it's a slice of chocolate cake or a salad, seem exciting to your kids. "Parents should offer kids an array of different foods, with bright colors and interesting textures. I always say if it's on a stick, if it's in a pancake, if it's in a muffin — kids will eat it," claims McCord.

2 Involve them in the process

It's all about baby steps, whether they're helping you ice some cupcakes or helping you stir soup for dinner. McCord pushes for children to get a little bit of independence in the kitchen. "Every meal involves my kids, even if it's just the smallest task of pulling the ends off beans. [The fact] they've helped you cook the meal — remind them of that."

3 Kids can shop, too

If you give your children a task and ask them for help while in the grocery store, shopping can remain civil. "Say: 'Let's pick out a fruit and vegetable. You get to pick anything you want. What are we going to make with it?' You've given them this big idea and now they're looking, they're asking questions — and it will keep them busy."

▶ Weelicious.com founder Catherine McCord

4 Give them choices (just not too many)

When it comes time to figure out dinner together, it's hard to find the right balance between letting your children run wild and being too tough. "I think it's more of an attitude," McCord notes. "If you say you have to [eat a certain thing], I guarantee your child will say 'I will not.' Give them a choice: 'Do you want to grate the carrots or should we steam them?' You're never going to win by forcing your child to do something."

5 Give it time

Your child isn't going to suddenly wake up tomorrow and ask for a bowl of greens for breakfast. McCord suggests introducing them to healthy habits from day one, but don't stress if some things aren't an overnight success. "There's always tomorrow. If your child doesn't eat something green today, hopefully they'll eat two green things tomorrow."

OLIVIA MORROW
letters@metro.us

Quoted

"There's always tomorrow. If your child doesn't eat something green today, hopefully they'll eat two green things tomorrow."
CATHERINE MCCORD

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Letters

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There's (maybe) a time and a place — this isn't it

I find it appalling for the U.N. to have Iranian President Mahmoud Ahmadinejad speak on Yom Kippur. This is the highest holy day in the Jewish religion. This man hates the Jewish people and vows the destruction of Israel. I am a believer in free speech — we even allow the KKK to publicly have their hateful say. But to allow this man his say on this day is beyond disgusting.

NATALIE KASDAY, VIA E-MAIL

Who's afraid of a little inflation?

RE: "CERTAIN IN LIFE: DEBT AND TAXES" (METRO, SEPT. 24) In his news column, Conn Carroll makes the statement: "Unfortunately, the federal government can't afford all the promises it has made." I beg to differ. This federal government can afford any promise it makes. This sovereign nation can, like any sovereign nation, print as much money as it needs for all the convenient exchanges of goods and services the populace demands. Conn, that means all the entitlements too! All that we really need to fix the debt problem is to issue more money rather than borrow it. See the video, "The Secret of OZ," by Bill Still! Congress can become fiscally responsible once it regains the education and training on the real nature of money — it's just accounting! You and I have been conned into believing that debt and taxes are certain in life because we have an unnatural concept of money. Believe it's opposite and watch your life change!

DAVID SNIECKUS, VIA E-MAIL

The US's wealth's been redistributed — to the rich guys

RE: "SATURDAY'S CHILDREN ARE THE REAL VICTIMS IN TODAY'S SOCIETY" (METRO, SEPT. 24) I'm very much dismayed that someone who appears to be quite intelligent, like letter-writer Donna Cohen, would fall for the Republican rhetoric of the supposed Obama "wealth distribution" theory. President Obama and the rest of us so-called liberals do not want your tax bracket to pay any more taxes then you should. If 30 percent of my paycheck (which I suspect is a lot smaller than yours) goes to taxes that build the roads you drive on and pays for the firemen, police, etc., that you depend on, then don't you think that in all fairness and patriotism you and Mitt Romney should be paying the same? We just want you to pay your fair share.

BARBARA MILUSKI, VIA E-MAIL

Donna Cohen whines about the percentage of overall taxes paid by the top 5 percent of wage earners without noting that those in the top 5 percent are paid 21.3 percent of American income and own an even larger percentage of its wealth, a percentage that continues to grow, while the share of income earned by the middle 60 percent of wage earners is declining (source: the Congressional Research Service). As Paul Krugman, a Nobel prize winner in Economics, put it, "To point out the obvious, the rich are paying more taxes because they're much richer than they used to be."

GREGORY S. HILL, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♎ Libra **Sept. 23-Oct. 23.** If you make it obvious to your associate that the good things you want for yourself you want for him or her as well, you'll be more successful.

♏ Scorpio **Oct. 24-Nov. 22.** A positive event will give you a new perspective on a situation that you have thus far viewed negatively. You'll now be able to see opportunities.

♐ Sagittarius **Nov. 23-Dec. 21.** You've been doing things the same old way and it hasn't been working. Your present conundrums call for fresh, innovative thinking.

♑ Capricorn **Dec. 22-Jan. 19.** Advice from a friend, albeit it well-intentioned, will not be on par with your own thinking when it comes to matters that pertain to your reputation or material success.

♒ Aquarius **Jan. 20-Feb. 19.** An elusive and hard-to-access person whom you've been trying to contact regarding an important matter is likely to be available. Try again to open up a valuable line of communication.

♓ Pisces **Feb. 20-March 20.** Things that you come up with on your own are not likely to be as rewarding as something that has been arranged for you by another. Stick with your best option.

♈ Aries **March 21-April 19.** A couple of friends of yours who aren't getting along with one another might use you as their intermediary. Don't take sides or pick a favorite.

♉ Taurus **April 20-May 20.** For the first time, your perseverance and fortitude will begin paying off regarding an endeavor that you've been working hard on. A friend will get it rolling with some nice comments.

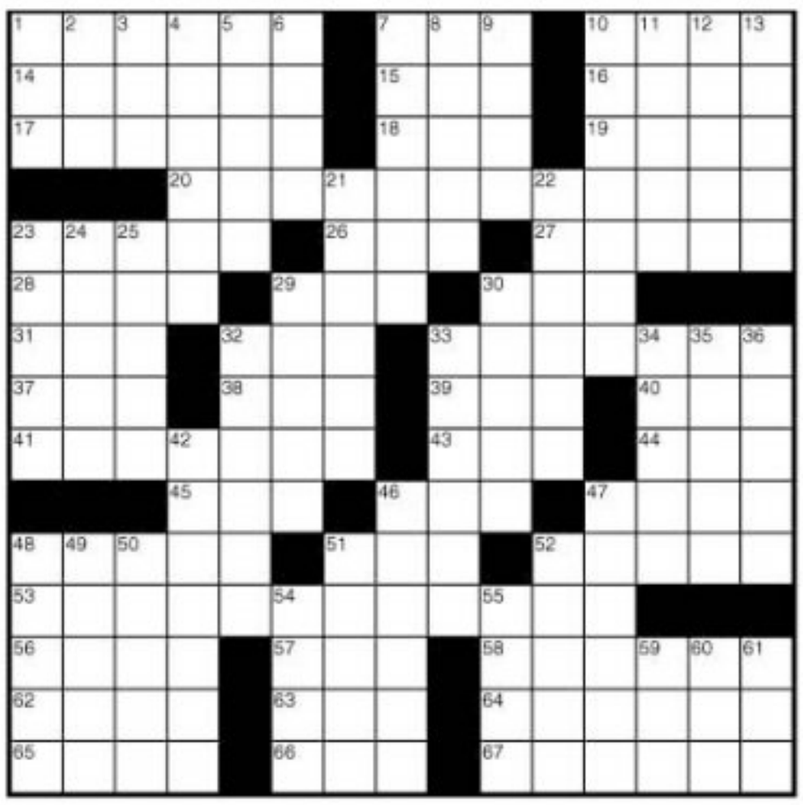
♊ Gemini **May 21-June 20.** If you are feeling luckier than usual, it's probably predicated upon some solid justification. However, even if it's not, positive thinking will go a long way toward improving your chances.

♋ Cancer **June 21-July 22.** A project that you've been dedicating yourself to for some time will take a big turn for the better owing to favorable external factors. Capitalize on these prevailing circumstances.

♌ Leo **July 23-Aug. 22.** You could be exceptionally lucky in partnership arrangements for both social and commercial purposes. This will be especially true when your ally is someone of the opposite gender.

♍ Virgo **Aug. 23-Sept. 22.** Tried, true and traditional tactics are the ones that will bring you the kind of results you'll want in your financial affairs. Any departure from these proven procedures will be less effective. **BERNICE BEDE OSOL**

Across
1 Craving
7 Tavern fare
10 Georgetown hoopster
14 Make bubbly
15 Kind of shelter
16 Receptive
17 Captivate
18 Hotfoot it
19 Clipper ship feature
20 Trunk contents (2 wds.)
23 Clay-target sport
26 Gary's st.
27 Finicky
28 Young horse
29 Double helix
30 Atlas Mtns. locale
31 Equip
32 Solstice mo.
33 Classy
37 Jamie — Curtis
38 Luau strummer
39 Rapper Tone —
40 Garden-pond fish
41 Close associate
43 However
44 Bartender's rocks
45 Hwys.
46 Not prepaid
47 Galaxy unit
48 Rock 'n' roll classic
51 Shooting marble
52 Circus jugglers
53 "Gimme a break!" (3 wds.)
56 Cat's-paw
57 911 responder
58 — out (ate too much)
62 Latin I verb
63 Tarzan's nanny
64 Small pleasures
65 Tree house?
66 Sea, to Cousteau
67 Inflexible



Down
1 — kwon do
2 Pullet
3 S&L offering
4 Airplane engine
5 Portly
6 School period
7 Parthenon goddess
8 Clan leader
9 Business VIP
10 Felt hat
11 Iridescent gems
12 Affirmatives
13 Restive
21 Lobster part
22 Influence
23 Resell tickets
24 Divided nation
25 Rice or Gantry
29 Fakes out
30 Meant to be heard
32 "Crocodile —"
33 Plumbing joints
34 Japanese dog
35 Better than lite (hyph.)
36 Wedding-cake layers
42 Short verse
46 Wheel on a swivel
47 "If I Had a Hammer" singer
48 A number of times
49 Relaxed, so to speak
50 Slag
51 Arizona State locale
52 Avoid, as an issue
54 Pair of mules
55 Living qtrs.
59 Moo goo — pan
60 And so forth
61 Summer hrs.

		1	8	6	7	9		
					1		4	5
6				2				
7	8	9				5		
3								4
		4				2	8	3
				7				9
4	1		2					
		7	5	8	4	1		

SUDOKU **LEVEL: EASY**

1	7	5		2				4
		3	9	4				6
		6			3			1
							9	
	6		1		2		4	
	5							
2			6			4		
5				3	8	1		
6				5		3	8	2

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

B	R	A	S	H		L	H	A	S	A		L	O	P
A	U	D	I	O		E	U	R	O	S		I	L	E
S	T	A	L	L		A	N	G	U	S		T	S	E
			L	I	N	G	O		U	S	H	E	R	
W	E	A	P	O	N	S		G	R	E	E	N	S	
A	L	L	O	W	S		S	H	E	E	T			
D	A	I	S		T	R	I	A	L		F	E	T	E
E	T	A	S			Y	O	W			O	V	A	L
D	E	S	I		C	A	U	S	E		R	I	L	L
		B	R	O	N	X		B	O	T	T	L	E	
S	L	A	L	O	M			S	A	S	H	A	Y	S
H	A	R	E	M		C	L	A	Y	S				
O	T	T		A	G	A	I	N		I	V	I	E	S
O	H	S		N	U	K	E	D		F	I	R	M	A
K	E	Y		O	M	E	N	S		Y	E	A	S	T

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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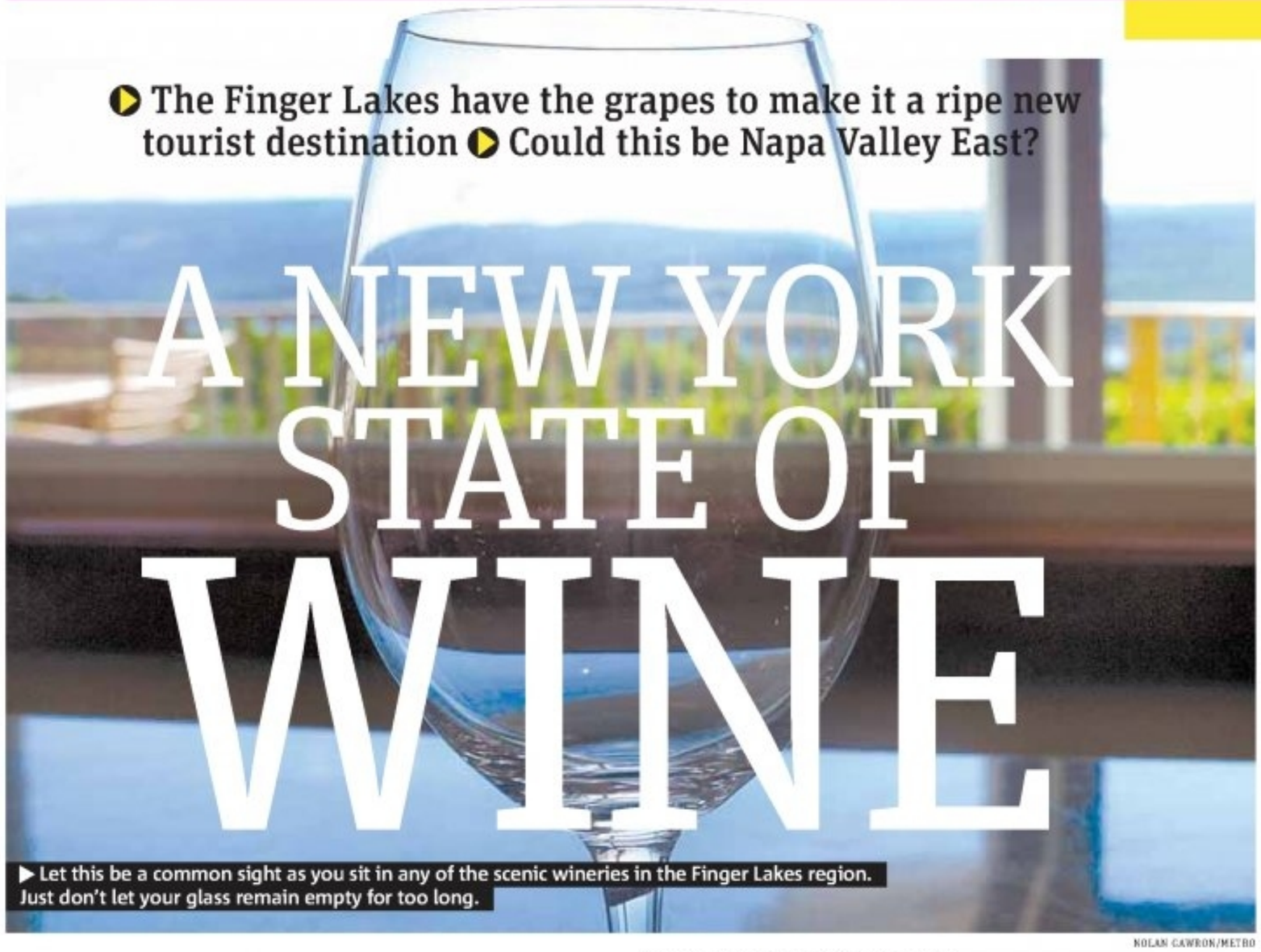
destinations

The Finger Lakes have the grapes to make it a ripe new tourist destination Could this be Napa Valley East?

A NEW YORK STATE OF WINE



Let this be a common sight as you sit in any of the scenic wineries in the Finger Lakes region. Just don't let your glass remain empty for too long.

NOLAN GAWRON/METRO

In the Finger Lakes region of upstate New York, there's a growing excitement, literally. Grapes! Wine grapes, to be more specific. The sloping hillsides, lake breezes and a steady summer sun have always provided the picturesque Finger Lakes region with a healthy grape-growing climate. But until recently, the land was primarily used to grow local Concord grapes that were sold to juice companies.

In recent years, younger generations have taken over the family farms and begun experimenting with wine grape varietals. While the yield can be more profitable, the arduous and artistic process is all the more intensive and comes with a higher risk factor. But with continued growth and a respected product that has gained praise and earned prizes all over the world, the shift seems to be working. Now with 109 wineries, the Finger Lakes have helped make New York the third largest wine producer in America.

Even though the area is known for its cabernet francs, chardonnays, pinot noirs and ice wines, it's riesling that reigns supreme. With a climate similar to its German origins, the varietal has found a second home here. Ranging from dry to sweet and anywhere in between, each vineyard in the area produces at least one style of Riesling — some make several — and many have won worldwide Gold Medal honors.

Camaraderie over competition

With a wine trail marked by road signs, vineyard tours and tasting rooms, tourism in the Finger Lakes is increasing. And with several wineries adding inns and high-end restaurants to their properties, many are calling the Finger Lakes the next Napa Valley. Vineyard owners in the area, however, are quick to point out a monumental difference — a unified sense of community. Here it's camaraderie, not competition, since in this region the vineyard owner is often the farmer, the marketer, the salesman and sometimes even the deliveryman.

"If someone needs a forklift, we let them borrow ours," says Ted Marks, proprietor of Atwater Vineyards. "And they would do the same for us. People come from all over the world to work here and can't believe that we want to help each other succeed. We do what we do well. And we do it without pretension."

Wineries

- **Anthony Road** (www.anthonyroadwine.com)
- **Atwater Estate Vineyards** (atwatervineyards.com)
- **Dr. Frank Vinifera Wine Cellars** (www.drfrankwines.com)
- **Fox Run Vineyards** (www.foxrunvineyards.com)
- **Fulkerson Winery** (www.fulkersonwinery.com)
- **Glenora Wine Cellars** (www.glenora.com)
- **Hazlitt 1852** (www.hazlitt1852.com)
- **Keuka Lake Vineyards** (www.klvineyards.com)
- **Knapp Winery** (www.knappwine.com)
- **Lamoreaux Landing Wine Cellars** (www.lamoreauxwine.com)
- **Pleasant Valley Wine Company** (www.pleasantvalleywine.com)
- **Red Newt Cellars** (www.rednewt.com)
- **Swedish Hill Winery** (www. swedishhill.com)
- **Thirsty Owl Wine Company** (www.thirstyowl.com)
- **Wagner Vineyards** (www.wagnervineyards.com)

A Frank history of the area

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Dr. Konstantin Frank

The very existence and continual growth of vineyards in New York state can all be attributed back to the bold and successful experiments of Dr. Konstantin Frank. Emigrating from the Ukraine to avoid Stalinism in 1951, Frank revolutionized sustainable growing methods for vinifera (vines imported from Europe) in the 1950s and proved that the region's crops could not only survive the extreme winters, but could also produce a world-class wine year after year. Opening Dr. Frank Vinifera Wine Cellars in 1962, the family-run business is celebrating its 50th anniversary and is heralded as New York state's most award-winning winery.

NOLAN GAWRON
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No gimme games for Pats

Patriots' 2012 schedule goes from 'easy' to 'daunting' overnight ◗ NFC West now looks legit from top to bottom ◗ AFC East will likely be a grind all year ◗ Tough road ahead

Remember that whole deal about the Patriots having the easiest schedule in the league?

Well, we were warned when the schedule was released this past April that things aren't always as they seem in the NFL. We were told then that, hey, maybe the NFC West isn't so bad and that maybe the Jets, Bills and even Dolphins will give the Pats a run for their money in the division this year. Hell, maybe that Week 2 game against the Cardinals will be a tough one.

New England sighed a collective "nahhh" at those statements.

But here we are. Three weeks into the true season of football parity and horrific referees, the NFL is not the same as we left it back in February.

Suddenly, the Patriots have a regular-season road game in Week 4 that is a must-win (Sunday at Buffalo). Beating the Bills at Ralph Wilson Stadium is no gimme. You'll remember Week 3 last year, when Buffalo picked off Tom Brady four times on its way to a 34-31 victory.

GETTY IMAGES

▶ Winning in Orchard Park is no sure thing for Tom Brady and the Pats this Sunday.

The Patriots will be fighting just to get back to .500 this Sunday. After a showdown with the still dangerous Peyton Manning and the Broncos in Week 5, the Pats begin to face the previously disregarded members of the NFC West.

This division was thought to be completely top-heavy, with San Francisco owning an easy path to the West crown. Instead, the Cardinals have jumped out to a 3-0 record and have arguably the best defense in the league. The 'Niners, who the Patriots play on Dec. 16 at Gillette, own a not-so-shabby defensive unit as well.

The Patriots will play at Seattle on Oct. 14. That game is a decided coin flip at this time, given the way New England reacts to a loud crowd (what was with that botched snap against the Ravens?). Even St. Louis (1-2), now under the guidance of Jeff Fisher, is righting the ship.

The Patriots still have their full AFC East slate remaining, and none of those games are ever certain.

If there are any sure wins left on the schedule, one would point to home against Indy on Nov. 18 and at Jacksonville on Dec. 23. But we know better by now than to look months ahead.

The Patriots' "easiest schedule in the league" suddenly looks daunting.

MATT BURKE
matthew.burke@metro.us

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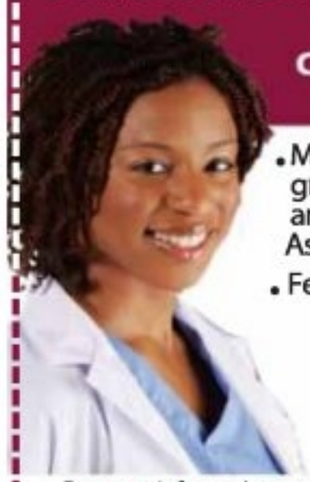

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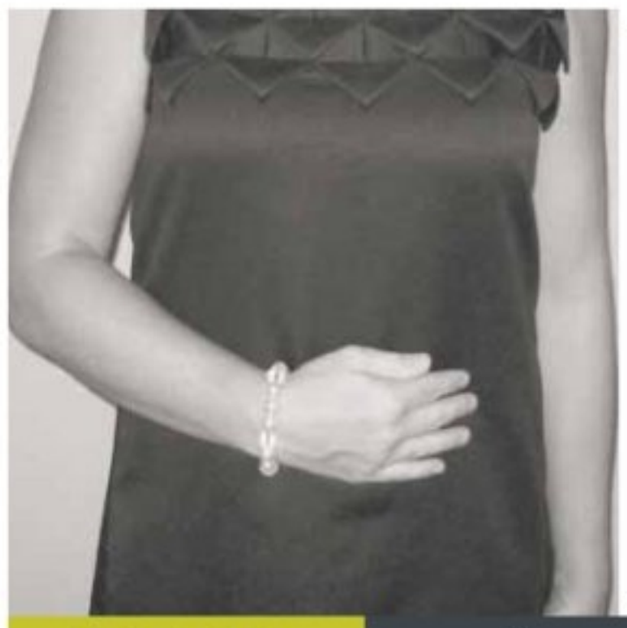

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Belichick: 'I've never meant any disrespect'

Coach grabs arm of official after loss League will likely levy fine

There were several minutes of confusion immediately following Baltimore kicker Justin Tucker's game-winning field goal Sunday night.

The ball soared over the right goal post and more than a few Patriots players reacted as if Tucker had missed.

Pats head coach Bill Belichick insists that he was only looking for an explanation from the officials when he grabbed the arm of a ref following Sunday's loss.

"I've coached in this league a long time and have never been penalized, never had any incidents with officials or anything like that," Belichick said. "I've never meant any disrespect or in any way tried to abuse or be disrespectful to the officials and the job that they do. I was trying to get an explanation for obviously an important call and play in that game.

"I just wasn't sure from where I was standing whether the ball, when it went over the crossbar, was above the upright or in between or not in between the upright, so by rule if the ball isn't over the crossbar and it's either inside or outside of the upright, that's reviewable," Belichick said. "If it's over the top of the upright, then it's not reviewable, but I couldn't tell from my angle when the ball crossed the crossbar where it was."

MATT BURKE
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Jets must move on without leader Revis

When Jets head coach Rex Ryan addressed his team yesterday morning about the season-ending ACL injury to cornerback Darrelle Revis, he didn't single out any one player to step up and be dominant. Instead, his message was that the whole team needs to fill in for Revis.

GETTY IMAGES

▶ Darrelle Revis

The speech from Ryan wasn't just about the need for his team to step up after losing its star player. Instead, the master motivator made it, according to one player, "about everyone being ready no matter who is hurt, no matter the need."

But clearly, the team will be leaning more heavily on corners Antonio Cromartie and Kyle Wilson for the rest of the season.

"Well, we're fortunate because most teams only have one No. 1 corner, or some don't even have any. We're fortunate [that] we have the best in the league in Darrelle, and we also have a No. 1 corner in Cromartie," Ryan said.

KRISTIAN DYER

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BC athletics in transition phase

Current athletic director DeFilippo steps down Sept. 30 School has yet to name new AD Football team has tough stretch coming up

It is a time of transition for the Boston College athletic program.

It starts at the top with athletic director Gene DeFilippo, who is retiring effective Sept. 30 after 15 years at the helm. DeFilippo's stamp on the program is leading its move from the Big East to the ACC, which became official in July of 2005.

Boston College has yet to announce DeFilippo's replacement.

The Eagles are still trying to fit in with the powerhouses in the ACC. The major sports teams have not fared so well since the move, struggling to keep up with the mighty ACC competition. In 2007 and 2008 the football team made it to the ACC title game, but fell to Virginia Tech both times. Those have been the biggest games for the Eagles' athletic program since joining the conference.

Many of the major sports teams are in a transition phase themselves.

The football team is currently 1-2 coming off of a tough 22-13 road loss to Northwestern last week. The team still has the ACC portion of its schedule left and also games against Army and Notre Dame.

Coming off of a 4-8 campaign in 2011, the Eagles could be on their way to another sub-.500 record, which would also drop head coach Frank Spaziani's career record to below .500 since being named head coach in 2009. Spaziani hasn't been to an ACC Championship in his time as head coach and there have been rumors that he could be on the hot seat following the season.

Winter sports to the rescue?

Men's basketball is in the same state as the football team. After a successful first year in the ACC and advancing to the Sweet 16 in the NCAA Tournament, it has been all downhill since. The team has not made the NCAA Tournament since the '08-'09 season, and following the '09-'10 season longtime head coach Al Skinner was fired and replaced with former Cornell coach Steve Donahue. Donahue has not qualified for the NCAA Tournament in his two years, finishing 9-22 last year. He is still in the process of rebuilding the program his way.

Luckily for the Eagles, they have their men's hockey team, which has won three national titles since 2008 and has been to the Frozen Four six times since 2004. Clearly the Eagles are in an overall transition phase, but if teams can somehow replicate even half of what Jerry York has done with the hockey program they will be in pretty good shape.

RYAN HANNABLE
sports@metro.us

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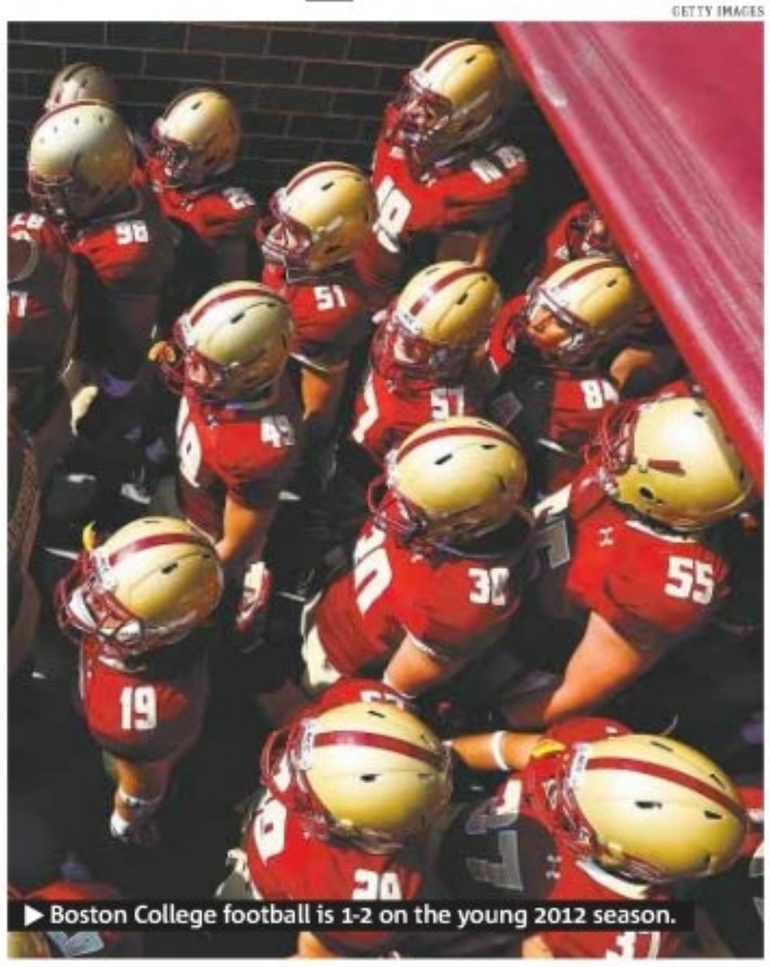

▶ Boston College football is 1-2 on the young 2012 season.

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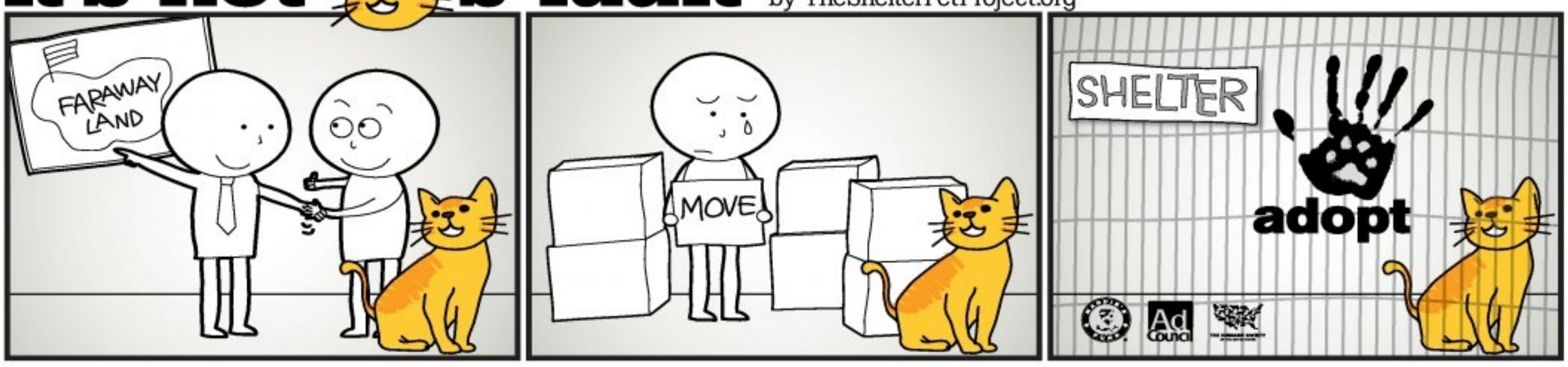

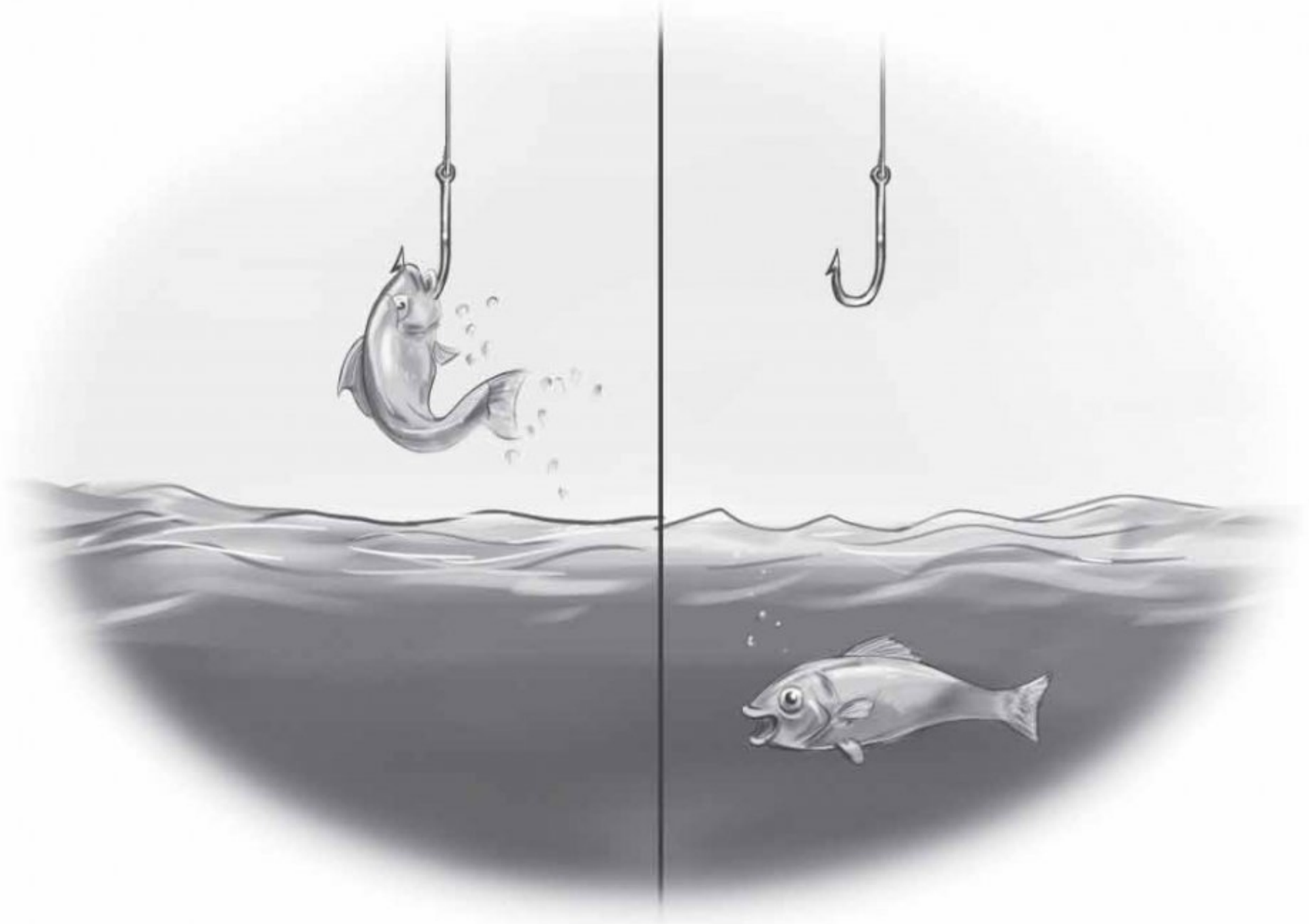

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